Memorandum

Date: May 23, 2017
To: Trulife Customer
From: Trulife
Re: NEWLY REINSTATED PRODUCT: Seattle Ankle Blocks SAB310, SAB320

Back by popular request, Trulife relaunches the Seattle Ankle Blocks!

**SAB310, SAB320 Seattle Ankle Blocks, Adult**
The Seattle Ankle Block is designed for the exoskeletal setup of various Seattle feet.
- Manufactured using high strength polyurethane foam surrounding a nylon core.
- Lightweight and durable to withstand the forces imposed by dynamic response feet.

**SAB310, Standard:**
- for use with Seattle Lightfoot2 SLF195/198.
- Weight Limit 136 kg / 300 lb.

**SAB320, Low Profile:**
- for use with Seattle Natural Foot models SNF160/163/170/173 and Seattle SACH foot models SCH110/113/120/123.
- Weight limit 102 kg / 225 lb.

**Foot Size range:** 22-30 cm
**Price:** $59.00
**Warranty:** Two (2) Years

If you have any questions, please contact your Trulife Territory Manager or Customer Service at 1-800-492-1088 or visit the Trulife website at [www.trulife.com](http://www.trulife.com)

Thank you for choosing Trulife!
INTRODUCTION
The Seattle Ankle Block is designed for the exoskeletal setup of various Seattle feet. Manufactured using high strength polyurethane foam surrounding a nylon core, the Seattle Ankle Block is lightweight and durable to withstand the forces imposed by dynamic response feet.

SELECTION

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Appropriate Foot Style</th>
<th>Foot Size Range</th>
<th>Max. Patient Weight (incl. foot)</th>
<th>Max. Clearance (incl. foot)</th>
<th>Bolt Thread</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SAB310</td>
<td>SLF195/198</td>
<td>22-30 cm</td>
<td>300 lbs (136kg)</td>
<td>6.1 in (15.5 cm)</td>
<td>10 mm</td>
</tr>
<tr>
<td>SAB320</td>
<td>SNF160/163</td>
<td>22-30 cm</td>
<td>225 lbs (102kg)</td>
<td>6.1 in (15.5 cm)</td>
<td>10 mm</td>
</tr>
<tr>
<td></td>
<td>SNF170/173</td>
<td>22-29 cm</td>
<td>225 lbs (102kg)</td>
<td>6.1 in (15.5 cm)</td>
<td>10 mm</td>
</tr>
<tr>
<td></td>
<td>SCH110/113</td>
<td>22-30 cm</td>
<td>225 lbs (102kg)</td>
<td>6.1 in (15.5 cm)</td>
<td>10 mm</td>
</tr>
<tr>
<td></td>
<td>SCH120/123</td>
<td>22-29 cm</td>
<td>225 lbs (102kg)</td>
<td>6.1 in (15.5 cm)</td>
<td>10 mm</td>
</tr>
<tr>
<td>Child's Play Energy</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SAB314</td>
<td>SEF132</td>
<td>13-15 cm</td>
<td>77 lbs (35kg)</td>
<td>3.7 in (9.4 cm)</td>
<td>8 mm</td>
</tr>
<tr>
<td>SAB315</td>
<td>SEF132</td>
<td>16-18 cm</td>
<td>99 lbs (45kg)</td>
<td>4.1 in (10.4 cm)</td>
<td>8 mm</td>
</tr>
<tr>
<td>SAB316</td>
<td>SEF132</td>
<td>19-21 cm</td>
<td>144 lbs (65kg)</td>
<td>4.4 in (11.2 cm)</td>
<td>8 mm</td>
</tr>
</tbody>
</table>

FABRICATION
Recommended fabrication, installation and use procedures must be followed for maximum safety and service life.

Warning: Never modify the exposed portion of the nylon core except to grind off the rotation control rib when necessary. Other modifications will void the warranty and can cause failure. Sanding or grinding of the foam surrounding the core is permitted only on the tops and sides, and only to a depth of 1/16" (2 mm).

Rotation control can be accomplished by either of two methods. (1) If rotational alignment is sufficient, make sure the central control rib engages the keel top as the foot mounting bolt is tightened. (2) If additional adjustment is required, grind down the rib. Mold a rib on the ankle block by placing a small amount of epoxy resin in the shallow recess. You may add fillers to the resin to make a paste.

Never cut down the embedded portion of the core. If you need a shorter connection, use the Seattle Laminating Core (SLC301, 302, 303) for Child’s Play Energy Feet only.

Warning: Testing an unreinforced ankle block after shaping can cause failure.

The circular recess on the bottom of the ankle block must be placed posteriorly as close to the keel centerline as possible.
Before laminating, remove all dust from the shaped ankle block. For the SAB310, 314, 315, and 316 cover the exposed nylon core with a small poly bag and seal it with tape. For the SAB320, cover the exposed distal mounting surface with layers of PVA tape, kemblo, or similar.

The lamination requires at least two layers of fiberglass-nylon stockinette. Ankles with circumferences smaller than 9” require an extra layer. Additional posterior reinforcement is recommended for heavy or high activity level patients.

Do not cut or nick the nylon core when trimming the laminate flush with the ankle block.

Rotation control can be accomplished by either of two methods:

1. If rotational alignment is sufficient, make sure the central control rib engages the keel top as the foot mounting bolt is tightened.
2. If additional adjustment is required, grind down the rib. Mold a rib on the ankle block by placing a small amount of epoxy resin in the shallow recess. You may add fillers to the resin to make a paste.

Do not contaminate the mounting threads. You may use a small amount of wax or clay to fill the groove in the keel top.

Carefully install the foot and adjust toe-out. After a trial period, if toe-out still requires adjustment, simply grind the epoxy out of the recess and repeat the rib molding procedure.

**INSTALLATION AND USE**

Use only metric bolts supplied or approved by Trulife. Use of unapproved bolts will void the warranty and can cause failure.

**Note:** Apply Loctite 242 to bolt prior to assembly. Failure to do so may cause the bolt to seize when threading into insert.

The mounting bolt must engage the ankle block at least 7/8” (22 mm) for SAB310 and 320 installations [at least 5/8” (16 mm) for Child’s Play Energy]. If the bolt is cut, debur the cut end to avoid thread damage. Make sure you have a free running thread fit and that the bolt does not bottom out against the socket.

Do not contaminate the bolt or threaded insert with paint, adhesive, glue, or cement.

To maintain bolt tightness, apply three drops of Loctite® 242 removable thread locking compound to the portion of the bolt that will engage the ankle block threads. Loctite requires several hours to cure completely.

Loctite: When adjusting alignment of bolts or screws that have been assembled with Loctite, the threads of the screw and screw hole should be cleaned free of any Loctite residue with a mild solvent such as alcohol. Then reapply new Loctite; this will ensure the proper torque value of the fasteners are set when retightening the fastener to the specified torque values.

Torque the foot mounting bolt as specified by the foot installation guide. A torque wrench and hex head driver should be used.

Check the bolt periodically for loosening. Looseness of the bolt can lead to failure.

Do not install a wedge to adjust alignment.

**Warning:** Failure to follow the installation and use procedures set forth above may lead to structural failure of the components subjecting the user to a risk of serious personal injury.
QUESTIONS
Contact Customer Service in the U.S. at 888-878-1238, or fax 888-878-1237
If calling from outside the U.S., contact Customer Service at 360-697-5656, or fax 360-697-6843
Visit Trulife online at www.trulife.com

LIMITED WARRANTY
Trulife warrants that the Seattle Ankle Block will be free from defects in material and workmanship for two (2) years from the date of installation.

This warranty will not apply if the product has been damaged by misuse, abuse, neglect, improper care, failure to follow instructions, abnormal wear and tear, or in the event that the Seattle Ankle Block has been modified/repairs by persons unauthorized by Trulife. If a defect in material or workmanship is found during the warranty period, Trulife will, at Trulife’s option, either repair or replace the product. If it is not possible to repair or replace the product, Trulife will be limited to refunding the purchase price.

Trulife will not be liable under any legal theory for any direct, indirect, special, incidental or consequential damages arising from the use of or inability to use this product.

The application guidelines for this Trulife product are for the use of and by certified, qualified practitioner only. Patients are not to attempt to apply or adjust the item unless expressly instructed to do so by the practitioner responsible for the prescription and/or initial fitting of the device. All patient questions should be referred to the practitioner and not to the manufacturer. The manufacturer warrants only that the enclosed product has been inspected for quality and can be effective for certain indications, but final decisions and ongoing monitoring must be made by the prosthetic professional(s) prescribing and/or fitting the device to determine its effectiveness for an individual patient. Patient compliance is an integral part of the entire protocol and must be adhered to in order to avoid potential problems and to maximize the effectiveness of the prescribed product.

As a condition of the sale of any Trulife product, this prosthesis is restricted to a “Single Patient Use Only” by the originally fitted patient in order to protect the care provider and the patient against potentially adverse consequences of infectious disease transmission, material instability in adapting to the configuration of the original user and/or decrease in effectivity. Any express or implied warranties are voided if the product is reused or fitted to another patient. Additionally, a license of right to use under any relevant patents pertaining to the product is terminated with the cessation of use by the original patient. As with all Trulife products, this product must be prescribed and applied by a qualified practitioner to determine it meets the needs of the particular patient and accomplishes the desired results.

Trulife has appointed Medical Device Safety Services (MDSS) of Hanover, Germany to act as its EU authorized representative. They may be contacted at: MDSS GmbH Shiffragen 41 30175 Hannover Germany Phone (+49) 511 6262 8630 Fax (+49) 511 6262 8633
<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Unit of Measure</th>
<th>UPC Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAB310</td>
<td>SEATTLE ANKLE BLOCK STANDARD FOR LIGHTFOOT2</td>
<td>EA</td>
<td>645517373646</td>
</tr>
<tr>
<td>SAB320</td>
<td>SEATTLE ANKLE BLOCK, LOW PROFILE</td>
<td>EA</td>
<td>645517373683</td>
</tr>
</tbody>
</table>